

unity

of Sebring

Life Enrichment Centre

*Helping You Discover
How Wonderful Life Can Be*



10417

Orange Blossom Blvd. South
Sebring, FL 33875

www.unityofsebring.org
and/or

www.myspace.com/unitylifeenrichmentcentre

e-mail: unity@vistanet.net

863-471-1122



Unity

Life Enrichment Centre

Senior Minister

Rev. Andrew C. Conyer

Board of Trustees

Jim Hendrie - President

Denise Beauparlant - Vice President

Steve Sekely - Treasurer

Beverly Bennett - Secretary

Lois Brown - At Large

Charlie Stroup - At Large

Jim Day - Alternate

Kim Timmermann - Alternate

Licensed Unity Teachers

Beth Barnes, Joanne McAfee

Sunny Zengler

Church Staff

Beth Barnes - Pastoral Care

Carl Gillilan - Director of Finance

Adam Ray - Music Director

Lawanna Green, Tracy Schuknecht
- Children's Church

Sunday Team Leaders

Tena Conyer - Sunday Worship

George Green Hank Beauparlant -
Greeters/Ushers

Prayer Team Leaders

Virginia Peck, Barbara Burns,

Debbie DeCerbo,

Rev. Andrew Conyer

Prosperity Sunday Volunteer

Harold Knutson

Lending Library

Virginia Peck

Bookstore Manager

Roger Perkins

Audio/Visual

Tena Conyer, Timothy Willsey,

Joe DeCerbo

Offering Count

Steve Sekely, Tena Conyer

Social Committee

Janice Hendrie, Sue Bruton

Media/Newsletter

Rev. Andrew Conyer

Webmaster

Josh Little

"Love In Action" Coordinator

Denise Beauparlant, Lois Brown
Co-Chairs



Welcome New Board Members

This past February, at the Annual Family Meeting, the members of Unity of Sebring voted in 4 new members to the Board of Trustees.

Serving the 3-year voting terms are, Jim Hendrie and Denise Beauparlant.

Serving in the 1-year-non voting position are: Kim Timmermann, who is returning to the board. Her experience and dedication to the centre provides wisdom and guidance to our organization. Jim Day rounds out the board with his love, involvement, experience and enthusiasm. We are soundly set for the future business that will come before us.

The officers are Jim Hendrie - President, Denise Beauparlant - Vice President, Beverly Bennett - Secretary, Steve Sekely - Treasurer.

Take time to get to know your board members. They are here to serve the greater good and need your input.



New Member Orientation

Sunday April 11, 2010
directly after service

Join Us As We Journey Through Life Together

Have you ever wondered, "How do I become a member of Unity of Sebring?" Join us after the service, on April 11, 2010, and find out everything you always wanted to know about Unity, and become a real part of our growing family. Please fill out a new member card located on the information station or contact the office at 863-471-1122.

New member recognition will be held on the following Sunday, April 18, 2010 during the Sunday service.

The orientation is to be held in the classrooms.

Class Offerings

Classes are open to the public and are subject to cancellation if class attendance requirements are not met. Check class for time and tuition. If you would like to lead a class, please contact Unity at 863-471-1122 or email us at unity@vistanet.net

Conversations With God A Discussion Group Mondays 10am



Suppose you could ask God the most puzzling questions about existence -questions about love and faith, life and death, good and evil. Suppose God provided clear, understandable answers. It happened to Neale Donald Walsh. It can happen to you. Come, join the conversation. Facilitated By Chris Williams. Offered on a Love offering basis.



As an Iyengar yoga practitioner for more than 20 years, Dr. Dale introduces the postures, body integration, and breathing techniques that contribute to health and wellness through this traditional yoga practice.

What is yoga? The word "yoga" means "union," stressing a mental/physical integration of the mind and body through various levels of "asanas" or postures and "pranayama," a rhythmic

Pick The One That Is Right For You

We have several yoga classes being offered at the Centre. Please check the weekly calendar for updates as to time changes and special offers.

Monday 10:30am. Intermediate Yoga. A class for those who have been practicing yoga for a while. (Please call for space availability)

Monday 12:00pm. Gentle Yoga. Starting with the basics, this easy and gentle class will help you become more flexible and balanced. Perfect for seniors.

Monday 6:00pm. Beginning Yoga. Open to all who want to learn the basics of yoga.

Wednesdays at 6pm. Therapeutic Yoga *Pre-Registration Required* This class focuses on individual concerns. We move slowly to work on correct postures.

If you have questions contact Nancy (863 214-8351) nancydalephd@gmail.com or nancydalephd.com

Voices of Unity Rehearsals

Mondays 5:00pm

Everyone is welcome to sing in the choir

Metaphysics II Wednesdays 10:30am



Picking up where Metaphysics I left off, Metaphysics II will help you discover applications of the fundamental teachings and principles of Unity and learn how to use these practical tools to create a better life. Rev. Rev. Andrew Conyer Facilitator: Offered on a Love offering basis.

Class Offerings Continued

Suicide and Sudden Loss Grief Support Group

Wednesdays, 6:30pm

A support group for those living with grief after sudden loss or suicide continues on Wednesdays at 6:30 p.m. at Unity Life Enrichment Centre

This Suicide and Sudden Loss Grief Support Group is facilitated by a Licensed Mental Health Counselor with experience in leading therapeutic groups for bereavement and grief.



THE QUEST GROUP

Thursdays 6pm

Now studying *The Voice of Knowledge*
By Don Miguel Ruiz

This class studies and reviews a variety of spiritually - based books designed to help the individual awaken to their full potential. All are welcome to come and experience this wonderful group of people dedicated to being all that they can be.

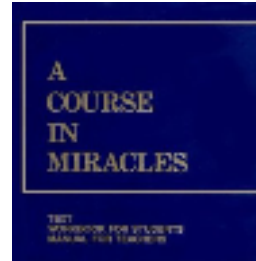


A Course In Miracles

Fridays 6pm

A Course In Miracles Study group is now offered at the Centre on Friday evening at 6:00pm. All are invited to attend and are asked to help pass the word that the group is now meeting. A Love Offering will be accepted. Books are available in the bookstore for purchase.

Facilitator: Beth Barnes, L.U.T. • Love Offering



NOW SCHEDULING April - July 2010

Are You Interested In Starting a Book Study, Support, or
Enrichment Group?



Individuals within our church and community who have the experience that it would be a crime not to share this Unity is open to providing meeting space to those who are seeking educational offering either spiritual or informational. Please contact us for more information as to how to schedule a class, workshop or

IMPORTANT CONTACT INFORMATION

Contact information you need to know.

PHYSICAL & MAILING ADDRESS

Unity
10417 Orange Blossom Blvd. S.
Sebring, FL 33875

E-MAIL ADDRESS

unity@vistanet.net

OTHER

CONTACT INFORMATION

Phone Numbers
863•471•1122 Office
863•471•0661 Fax

Web Address
<http://www.unityofsebring.org>

NEWSLETTERS

are now available online by
going to our Website

PLEASE KEEP US UPDATED

If there is a change in any of your
addresses, phone numbers etc.
Please contact the office.

PLEASE LET US KNOW

If you would like for us to list your
birthday in our newsletter.
Let us know if you are in the hospital.
The hospitals **do not** contact us.

CONTACT US FOR PRAYER

No matter how small you may think your
challenge may be, we have over 80 people
who want to join you in prayer, and Silent
Unity too!

All prayer requests are held in confidence and
can be submitted at church, by phone, through
our website, direct e-mail or snail mail..



who need a little assistance) and in April we will begin collecting funds to help build a
Habitat for Humanity House Our Goal is to raise \$5,000.00. Both month we are
looking for monetary donations.



CommUNITY Involvement

CommUNITY is about sharing who we
are with each other and the world.
Through volunteering of your time and
talents, there is no doubt, your life will
be enriched. Below you will find just
some of the opportunities available for
your participation. Let's join together,
have some fun, and share our love.

Sunday Refreshments - Help Requested



After service Sunday
fellowship has become one
of the highlights of the week
for many within our
congregation. Everyone is
invited to stay after service
and enjoy refreshments.

To make Sunday refreshments
manageable, enjoyable & affordable,
these are the guidelines
for refreshments.

1. Six people are needed
to bring food, help set up
and clean up after



2. Items offered are to include, vegetable
trays, fruit trays, and dessert trays.



Please see Janice
Hendrie before or after
service, if you are
interested and able to
provide these wonderful
items for all to

PROSPERITY SUNDAY

Unity members practice tithing in a variety of ways. We give
because we have been already richly blessed in so many
ways. By giving from the spiritual standpoint of "God is our
Source", we open the flood gates to our own good blessings
and we send forth abundance for others to experience.

For the month of **March** we will be supporting **Unity's Hands
Up Program** (a program to lend a hand to those in our church

who need a little assistance) and in April we will begin collecting funds to help build a
Habitat for Humanity House Our Goal is to raise \$5,000.00. Both month we are
looking for monetary donations.



Easter Activity Schedule

April 2, 2010

12:00pm

COMMUNITY GOOD FRIDAY SERVICE

St. Catherine's Catholic Church - Downtown Sebring

Saturday, April 3, 2010

Easter Egg Hunt and Barbecue Unity Centre Campus 10:30-1:00pm

April 4, 2010

EASTER SUNDAY OFFERINGS

9:15am Adult Discussion 10:30am Celebration Service

Saturday, April 3, 2010

10:30-1:00

Easter Egg Hunt - Games and Barbecue

The day begins at 10:30am with a Easter Egg hunt for
the kids of all ages. What is most exciting is we are
inviting local churches to join us for the day. After the
hunt, there will be games, and activities for everyone. At
noon we will gather to share a hamburger/hot dog
barbecue.

Help with the activities and barbecue is needed.
A Sign-Up Sheet is located on the Information Station.



Praying Together

The very foundation of the Unity movement is centered in prayer. With over 2 million written
prayer requests, over 700,000 phone calls, not including millions of email requests, Unity is
known throughout the world for it's affirmative approach to prayer.

Our Unity Centre offers the opportunity to join in prayer through its prayer teams, email, on the
phone and during Sunday Services. The Prayer Box and Prayer Request forms are located just
inside the front lobby by our beautiful water walls. Request forms are also in the folders located
in the backs of the sanctuary chairs. All prayer request are always kept confidential and are
considered a holy request.

In keeping with Charles Fillmore Unity's mission; "*Unity is a link in the great educational
movement inaugurated by Jesus Christ. Our objective is to discern the truth in Christianity and
prove it. The truth we teach is not new, neither do we claim special revelations or discovery of
new religious principles. Our purpose is to help and teach mankind to use and prove the eternal
Truth taught by the Master.*" our Centre has embarked on a mission of holding prayer with those
in our church who are seeking full-time employment. This concentrated prayer effort is in accord
with the spiritual principle as stated in **Matthew 18: 18-20** *is truly I tell you, whatever you bind on
earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. 19 Again, truly I tell
you, if two of you agree on earth about anything you ask, it will be done for you by my Father in heaven.
20 For where two or three are gathered in my name, I am there among them."*

We ask that you join us in this important activity. Below is the Denial and Affirmation we are
using. Please take time daily to hold these dear ones in prayer and great manifestations will
follow.

*As we sit in the awareness of abundant good, I see our loved ones fully releasing and
dissolving any thought, feeling, illusion or any current manifestation which seemingly
blocks being gainfully employed. I affirm with those seeking full time employment within a
church family that opportunities are presented to them and accepted with gratitude. I affirm
and know that full time employment is there for these dear ones and I see their desire to be
financially solvent fulfilled.*



"THE LAST SET OF SELF-HELP TOOLS YOU WILL NEED TO USE!"

FIVE Free Workshops

dr. michael ryce

RL 3 Box 3280 Theodosia, MO 65761
(417) 273 4838 www.whyagain.com
(DONATIONS ACCEPTED)

WHY IS THIS HAPPENING TO ME . . . AGAIN?! SUNDAY, FEBRUARY 28, 2010 1:00 - 4:30 PM

- ♥ THE HUMAN ENERGY SYSTEM ♥ THE HUMAN MIND
- ♥ HEALING GUILT AND FEAR ♥ FORGIVENESS

A unique, original syntheses of science, Naturopathic medicine, spiritual psychology and theology rich with insights from the ancient Aramaic language. A workshop that offers workable tools for self healing and putting an end to recurring life patterns.

A clear message of hope for healing our human family!

MONDAY, MARCH 1, 2010 7:00 - 9:30 PM ON CREATING CONSCIOUSLY

THE KEYS TO ABUNDANCE IN HEALTH, FINANCES AND RELATIONSHIPS

- ♥ DISCOVERING YOUR PURPOSE
- ♥ UNDOING BLOCKS TO EXPRESSION
- ♥ FOUR STAGES OF PROSPERITY

- ♥ THE LINKS BETWEEN ABUNDANCE AND FORGIVENESS

This workshop presents simple processes for getting clear on achieving what you want and letting go of what you don't . . . to Put Away Aimlessness and Weakness . . . to Do Confidently and Accomplish Masterfully! Discover your purpose and integrate it into your life.

Masterfully! Discover your purpose and integrate it into your life.

AN EXPLOSION IN CREATIVITY!

TUESDAY, MARCH 2, 2010 7:00 - 9:30 PM NATUROPATHIC KEYS TO HEALTH

- ♥ FOOD COMBINING ♥ WHY LIVE FOODS?
- ♥ THE HUMAN ENERGY SYSTEM ♥ DIGESTION AND EMOTIONS
- ♥ THE TRUTH ABOUT FASTING

Dr. Ryce has doctorates in Naturopathic Medicine and Wholistic Philosophy, that, combined with his background in electronics, uniquely qualifies him to make sense of how nutrition, the mind and body work together. New discoveries about the power and importance of Greens will be reviewed!

This information will change the way you view EVERYTHING. Guaranteed!

WEDNESDAY, MARCH 3, 2010 7:00 - 9:30 PM HEALING THROUGH RELATIONSHIPS

- ♥ WHY RELATIONSHIPS . . . COMMITMENT . . . OR LOVE???
- ♥ WHY BOTHER?
- ♥ Moving Through Fear and Guilt to Real Love ♥ How to Form Healing Relationships
- ♥ See how to use forgiveness in relationships.

An experiential workshop focused on learning usable relationship skills.

Gain awareness of issues that "keep you stuck" and tools that work!

TOOLS THAT BRING CONSTRUCTIVE CHANGES INTO REACH!

THURSDAY, MARCH 4, 2010 7:00 - 9:30 PM CODEPENDENCE TO INTERDEPENDENCE

- ♥ CAN INTIMACY BE CREATED THRU CODEPENDENCE?
- ♥ WHAT IS THE CAUSE AND CURE OF ADDICTION?
- ♥ WHAT ARE THE PRECIOUS GIFTS OF CODEPENDENT RELATIONSHIP & HOW ARE THEY ACTED UPON?

When denial is removed Conscious Relationships provide a forum for recovery. Explore tools for transforming dysfunction into health and wholeness thru relationship! Be introduced to the concept of the "Power Person" that is at the root of our personality formation. Move past survival to the delight and aliveness that is not only possible but our natural birthright!

BE AN ADULT AND RECAPTURE THE INNER-SENSE OF YOUR INNER CHILD!

Youth And Family



Family Group Meeting Schedule

Saturday March 13, 2010 -11:00am

Saturday - April 3, 2010

10:30-1:00pm

EASTER EGG HUNT and BBQ

Open to all who are in the 20's-30's-40's with or without children. An day to share a meal, let the kids play, and for the adults to connect. All are asked to bring a covered dish to share for the meal. Sign-up requested. Church members are asked to sign up to assist with children and activities.

Birthday Celebrations March

03-10 George Green	03-25 Dotti Hackworth
03-07 Dottie Blake	03-26 Sue Bruton
03-21 Marie Herrera	03-26 Hank Beauparlant
03-21 Julia Ann Rose	03-27 Diane Arch
03-23 Roger Perkins	03-27 Barb Burns
03-23 Denise Miriani	03-28 Liz Carrol

April

04-02 Michael Miller	04-10 Jill Gregalot
04-02 Marilyn Pier	04-16 Mariene Marchant
04-08 Julia Brock	04-25 Rhoda Ross
04-09 Jeb Burns	04-27 Mark Ross

